

Best-Ever Performances on Michigan Soil

Michtrack.org. Updated 4/28/2024

MEN			
100	10.25	Andrew Bruce (Trinidad Michigan)	East Lansing/Big 10..... /1981
	10.21	Mason Phillips (NATFL)	Ann Arbor/Paddock Inv (h) (1.9)..... 4/27/2024
	10.15	Mason Phillips (NATFL)	Ann Arbor/Paddock Inv (1.0) 4/27/2024
200	20.34	Tim Faust	East Lansing/Big 10 (1.4)..... 5/17/2015
400	45.29	Tim Simon (Illinois)	Ann Arbor/Big 10..... /1988
800	1:46.52i	Drew Windle (Ashland)	Allendale/Big Meet..... 2/14/2014
1500	3:37.20	Nick Willis (New Zealand)	Saline/Michigan Track Classic..... 8/10/2014
Mile	3:53.50	Nick Willis (New Zealand)	Saline/Michigan Track Classic..... 8/10/2014
St	8:35.05	Tabor Stevens (Adams St)	Allendale/NCAA II 5/23/2014
2M	8:24.8yi	Henry Rono (Kenya-Washington St)	Detroit/NCAA Indoor 3/12/1977
5000	13:37.85i	Morgan McDonald (Australia-Wisconsin)	Ann Arbor/Big 10..... 2/23/2019
10,000	28:34.79	Kyle Baker (Indiana Invaders)	Hillsdale 2002
110H	13.73	Matt Brisson (Canada)	Allendale..... 2013
	13.43w	Aaron Mallett (Iowa)	East Lansing/Big 10 (2.9)..... 5/17/2015
400H	49.75	Roxroy Cato (St Augustine's)	Allendale/NCAA II 5/24/2014
4x1	39.42	Ohio State	East Lansing/Big 10..... /1993
	39.42	St Augustine's	Allendale/NCAA II 5/24/2014
4x4	3:06.10	Ohio State	East Lansing/Big 10..... /1993
4x8	7:21.90yi	Villanova	Pontiac/NCAA Indoor 3/12/1983
HJ	2.30	7-6.5 Jeron Robinson (Texas A&M-Kingsville)	Allendale/NCAA II 5/23/2014
PV	5.72	18-9.25 Trevor Stephenson (MSU)	Kentwood/Meijer State Games 6/24/2023
LJ	8.48i	27-10 Carl Lewis (Houston)	Detroit/NCAA Indoor 3/13/1981
	8.13	26-8.25 Jesse Owens (Ohio St)	Ann Arbor (1.49)..... 5/25/1935
TJ	17.31	56-9.5 Keith Connor (Great Britain-SMU)	Detroit/NCAA Indoor 3/13/1981
SP	21.25i	69-8.75 Michael Carter (SMU)	Detroit/NCAA Indoor 3/14/1981
DT	67.38	221-1 Alex Rose (Samoa)	Allendale/Early Meet..... 4/6/2024
	68.09	223-4 Andrew Evans (unat)	Ann Arbor/Paddock Inv 4/27/2024
HT	76.28	250-3 AG Kruger (Nike)	Allendale/Second to Last..... 5/10/2013
JT	74.60	244-9 Kirt Thompson (unat)	Hillsdale 1998
Dec	7645	J Patrick Smith (Chico)	Allendale/NCAA II 5/23/2014
WOMEN			
100	11.37	Shayla Mahan (Detroit Mumford)	Jackson/Midwest Meet (1.7) 6/9/2007
	11.37	Devynne Charlton (Illinois-Bahamas)	East Lansing/Big 10 (1.1)..... 5/17/2015
200	22.80i	Anavia Battle (Ohio St)	Ann Arbor/Big 10..... 2/23/2019
400	51.91	Quanera Hayes (Livingstone)	Allendale/NCAA II 5/24/2014
800	2:00.29	Ajee Wilson (adidas)	Saline/Michigan Track Classic..... 8/10/2014
1500	4:14.19	Leah O'Connor (Michigan St)	East Lansing/Big 10..... 5/17/2015
Mile	4:32.46i	Hannah Meier (Michigan)	Ann Arbor/Big 10..... 2/23/2019
3000	8:58.69	Erin Finn (Michigan)	Ann Arbor 1/20/2018
St	9:51.38	Leah O'Connor (Michigan St)	East Lansing/Big 10..... 5/16/2015
2M	9:45.54i	PattiSue Plumer (Stanford)	Pontiac..... 1983
5000	15:50.52i	Nicole Sifuentes (Canada)	Allendale/Early Bird..... 12/6/2013
10,000	33:45.47	Rebecca Walter (Michigan)	East Lansing/Big 10..... 5/12/2006
100H	13.05	Samantha Elliot (Johnson Smith)	Allendale/NCAA II (0.4)..... 5/24/2014
400H	56.63	Debbie Esser (Iowa State)	East Lansing/AIAW..... 5/26/1979
4x1	44.55	Illinois	Ann Arbor 1988
4x4	3:36.2	Morgan State	East Lansing/AIAW..... 5/26/1979
4x8	8:32.82	Ann Arbor Elite	Hillsdale 2008
HJ	1.93i	6-4 Nicole Forrester (Michigan)	Ann Arbor 1999
PV	4.80	15-9 Jen Suhr (adidas)	Allendale/Second to Last..... 5/10/2013
LJ	6.63	21-9 Jodi Anderson (UCLA)	East Lansing/AIAW..... 5/23/1979
TJ	13.37i	43-10.5 Rosalind Goodwin (Ohio State)	Ann Arbor 2005

	13.48w	44-2.75	Thea LaFond (Dominica-)	East Lansing/Big 10 (2.4).....	5/17/2015
SP	17.88i	58-8	Sade Olatoye (Ohio St)	Ann Arbor/Big 10.....	2/23/2019
DT	61.17	200-8	Chioma Onyekwere (Nigeria)	Allendale/Early Meet.....	4/ 6/2024
HT	65.03	213-4	Cynthia Watt ()	East Lansing/Big 10.....	5/15/2015
JT	56.15	184-2	Sarah Firestone ()	East Lansing/Big 10.....	5/16/2015
Hept	6014		Jess Herauf ()	East Lansing/Big 10.....	5/16/2015

INDOORS

MEN				
55	6.07y	Rod Richardson (Texas A&M)	Pontiac/NCAA 3/13/1982	
60	6.53	Johnie Drake (Central Michigan)	Mt Pleasant/Skoog 2/17/2006	
200	20.76	Clement Chukwu (Nigeria-Eastern Michigan)	Ypsilanti 2/14/1997	
300	33.45	Robert Louis (Western Michigan)	Ypsilanti 2/ 1/1986	
400	46.05	Clement Chukwu (Nigeria-Eastern Michigan)	Ypsilanti/EMU Invitational 1/16/1998	
600	1:17.55	Joe Detmer (Wisconsin)	Ann Arbor/Big 10 2/29/2004	
	1:17.14ot	Declan Murray (Loyola)	Allendale/Early Bird 11/30/2012	
800	1:47.74	Nate Brannen (Canada-Michigan)	Ann Arbor/Big 10 2/29/2004	
	1:46.52ot	Drew Windle (Ashland)	Allendale/Big Meet 2/14/2014	
1000	2:20.83	Earl Jones (Eastern Michigan)	Ypsilanti/MAC 3/ 3/1984	
1500	3:42.66	Earl Jones (Eastern Michigan)	Ypsilanti/Central Collegiates 2/18/1984	
Mile	3:57.89	Suleiman Nyambui (Tanzania-UTEP)	Detroit/NCAA 3/10/1979	
3000	7:49.21	Tim Broe (adidas)	Ann Arbor/Simmons 1/19/2002	
2M	8:24.8	Henry Rono (Kenya-Washington St)	Detroit/NCAA 3/12/1977	
5000	13:48.47	John Mortimer (Michigan)	Ann Arbor 1/10/1998	
55H	6.90y	Renaldo Nehemiah (Maryland)	Detroit/NCAA 3/10/1979	
60H	7.66	Jeff Porter (unat)	Allendale/Lints 1/21/2012	
4x2	1:26.55	Eastern Michigan	Ypsilanti 1/15/1988	
4x4	3:09.24y	Iowa	Ann Arbor/Big 10 3/ 3/1984	
4x8	7:21.22	Eastern Michigan	Ann Arbor/Silverston 2/25/1983	
SMR	3:18.7	Eastern Michigan	Kalamazoo 1/28/1984	
DMR	9:33.72	Michigan	Ann Arbor 1/29/1994	
HJ	2.30	7-6.5	Dennis Lewis (unat)	Ypsilanti/EMU Open 1/28/1988
PV	5.62	18-5.25	Mike Tully (UCLA)	Detroit/NCAA 3/11/1978
	5.62	18-5.25	Felix Bohni (Switzerland-San Jose St)	Pontiac/NCAA 3/12/1983
	5.62	18-5.25	Mark Hollis (unat)	Allendale/Eubanks 1/14/2011
LJ	8.48	27-10	Carl Lewis (Houston)	Detroit/NCAA 3/13/1981
TJ	17.31	56-9.5	Keith Connor (Great Britain-SMU)	Detroit/NCAA 3/13/1981
SP	21.25	69-8.75	Michael Carter (SMU)	Detroit/NCAA 3/14/1981
Wt	23.90	78-5	Libor Charfreitag (Slovakia)	Allendale/Big Meet 2/11/2011
Hept	5583		Alex McCune (Akron)	Ypsilanti/MAC 2/23/2013
WOMEN				
55	6.71	Sevatheda Fynes (Bahamas-Michigan St)	East Lansing/Michigan Intercollegiates .. 1/25/1997	
60	7.29	Shayla Mahan (Detroit Mumford HS)	Ann Arbor/MITS Finals 3/17/2007	
200	23.56	Sevatheda Fynes (Bahamas-Eastern Michigan)	Ypsilanti/EMU Classic 2/17/1995	
300	40.34	Tracey Ball (Detroit Cass Tech HS)	Ann Arbor/MITCA Finals 3/18/1998	
	37.94ot	Margaret Bamgbose (Nigeria)	Allendale/Eubanks Open 1/13/2017	
400	53.34	Natasha Kaiser (Nike South)	Ypsilanti/Wendy's Big Classic 1/31/1992	
	53.19ot	Valerie Brown (unat)	Allendale/Big Meet 2/11/2011	
600	1:29.43	Geena Gall (Michigan)	Ann Arbor/Silverston 2/23/2008	
800	2:03.72	Letitia Vriesde (Suriname-Eastern Michigan)	Ypsilanti/EMU Classic 2/19/1994	
1000	2:49.19	Sue Schroeder (Michigan)	Ypsilanti/EMU Invitational 2/18/1983	
1500	4:20.13	Suzy Favor (Wisconsin)	Ann Arbor/Big 10 2/28/1987	
Mile	4:35.69	Nicole Sifuentes (Canada)	Ann Arbor/Simmons-Harvey 1/14/2017	
	4:34.28	Leah O'Connor (Michigan St)	Allendale/UM-MSU duel 1/31/2015	
3000	9:11.77	Colette Goudreau (Indiana)	Ann Arbor/Big 10 2/27/1987	
	8:59.44ot	Leah O'Connor (adidas)	Allendale/Open 1/22/2016	
2M	9:45.54	PattiSue Plumer (Stanford)	Pontiac/NCAA 3/12/1983	
5000	16:02.08	Monica Joyce (Ireland)	Ypsilanti 2/17/1989	
	15:42.31ot	Nicole Sifuentes (Canada)	Allendale/Holiday Open 12/ 4/2015	
55H	7.49y	Candy Young (Fairleigh-Dickinson)	Pontiac/NCAA 3/12/1983	
60H	8.03	Tiffany Porter (Great Britain)	Ann Arbor/Silverston 2/18/2012	
4x4	3:37.08y	Tennessee	Pontiac/NCAA 3/12/1983	
4x8	8:47.61	Villanova	Ypsilanti/Huron Open 1/23/1987	
SMR	4:03.94	Michigan	Ann Arbor 1/15/1994	
DMR	11:12.94	Michigan	Ypsilanti 2/19/1994	
HJ	1.93	6-4	Nicole Forrester (Michigan)	Ann Arbor 1/23/1999
PV	4.68	15-4.25	Jenn Suhr (adidas)	Ypsilanti/EMU Inv 1/14/2006

LJ	6.56	21-6.5	Carol Lewis (Houston)	Pontiac/NCAA	3/12/1983
TJ	13.37	43-10.5	Rosalind Goodwin (Ohio State)	Ann Arbor	2005
SP	18.57	60-11.25	Brittany Smith	Allendale/Big Meet	2/12/2016
Wt	22.54	73-11.5	Jeneva McCall (Southern Illinois)	Allendale/Big Meet	2/11/2011
Pent	4131		Carmel Corbett (Illinois)	Ann Arbor/Big 10	2/25/1995